The Rocky Mountain Legacy Trail spans a distance of 26.8 kms from west wildlife gate at junction of the Bow Valley Parkway to the eco-counter in the Town of Canmore. This includes 22.3 kms of trail within Banff National Park boundaries. The Cascade Ponds day-use area, the Town of Banff and the Travel Alberta Visitor information Centre in Canmore are the recommended starting points.

**LEGEND**
- Parking
- Visitor Centre
- Viewpoint
- Day-Use Area
- Gondola
- Hot Springs
- Campground
- Wildlife Gate
- Rocky Mountain Legacy Trail
- Route on Roads
- Trans-Canada Highway
- Staging Points