W ELCOME ...

TO MOUNT REVELSTOKE NATIONAL PARK AND THE MEADOWS IN THE SKY PARKWAY

The Meadows in the Sky Parkway climbs 1600 metres and 26 km to the beautiful subalpine wildflower meadows of Mount Revelstoke National Park. Along the way, you can take advantage of several viewpoints to admire the magnificent scenery in and around Mount Revelstoke. When you arrive at the top, the Meadows in the Sky summit area offers rare mountain-top hiking, photography, strolling, and picnicking opportunities.

Here are a few things you need to know to plan your visit...

- * The Parkway is open from 7 am until 10 pm, seven days a week during the summer season. The main gate locks at 10 pm sharp. During the spring and autumn, reduced hours are in effect, check with gate staff for times.
- * The season begins in May as the snow melts, and ends with the first heavy snowfall in late September or October.
- * The Parkway takes about one hour to drive In each direction. Allow plenty of time to visit viewpoints and facilities along the way.
- The Parkway is a steep, hard-surfaced mountain road with sixteen switchbacks. Parking at the top is very limited during the peak season. Buses and trailers are not permitted on the Parkway. Trailers may be parked at the Nels Nelsen Historic Area while you drive the Parkway. (Watch for the Trailer Parking sign).

As you begin your drive up the Meadows in the Sky Parkway, you will find:

- * <u>Nels Nelsen Historic Area</u> a 2km and 5 km loop trail complex which offers opportunities for mountain biking, hiking, and exploring an historic ski jump area
- * <u>Nels Nelsen Trall</u> a hiking/biking trail which connects the historic ski jump area with the Revelstoke Railway Museum in town
- * <u>Meadows In the Sky Welcome Station</u> staff are on duty from early morning to evening during the summer months
- * Inspiration Woods Trail a moderate 3 km walk through the Columbia Mountain rainforest

Along the Meadows in the Sky Parkway you will find:

- * Revelstoke Viewpoint a great view of the City of Revelstoke
- <u>Rainforest Viewpoint</u> a cool, mossy glen with a rushing creek and a trickling hilliside
- * <u>Monashee Picnic Area & Viewpoint</u> a rustic log picnic shelter, a group fire circle and views of Mount Begbie and the Monashee Mountains.
- Snowforest Viewpoint panoramic views south to Upper Arrow Lake and the Selkirk and Monashee Mountains
- * <u>Summit Trall</u> a strenuous 10 km historic trall linking the City of Revelstoke to the summit of Mount Revelstoke
- * <u>Lindmark Trail</u> a strenuous 8 km trail starting at Monashee Picnic Area and ending at Balsam Lake below the summit of Mount Revelstoke

At Balsam Lake, near the Summit of Mount Revelstoke you will find:

- * <u>Balsam Lake Picnic Area</u> a rustic log picnic shetter near a beautiful subalpine lake and washrooms.
- * Eagle Knoll Trail a secluded ,5 km uphill trail with long views of Lake Revelstoke.
- * <u>Summit Trail</u> a moderately strenuous 1 km trail alternative to the parkway between Balsam Lake and the Heather Lake summit area, with benches along the way
- * Summit Shuttle = a shuttle bus between Balsam Lake and the Heather Lake summit area, operating daily from snowmelt to the end of September. The first shuttle leaves Balsam Lake at 10:00 am, and the last run departs Balsam Lake at 4:00 pm.

At the Summit of Mount Revelstoke you will find:

- * <u>First Footsteps Trall</u> First Nations Art is found along this trall which loops through subalpine meadows, with views of the "icebox" and backcountry.
- * <u>Firetower Trail</u> a paved .5 km trail to the historic Summit Firetower, with a spectacular 360 degree panoramic view, and a loop connection to the nearby "Parapets" viewpoints
- * <u>Koo Koo Sint Trail</u> Learn about David Thompson, the mighty Columbia River and Nelson's Mountains.
- * Eva Lake Trall (6 km), Miller Lake Trall (5.5 km), & Jade Lakes Trall (9 km) -hiking tralls which lead into the rolling subalpine meadows and high alpine backcountry of the park



Mount Revelstoke and Glacier National Parks

Subalpine Etiquette:

With more than 50,000 visitors coming to the Meadows in the Sky Parkway area each year, we must ask for your help in protecting this very fragile environment.

Please obey the following national park regulations:

- * Stay on the marked tralls The alpine plants growing here cannot withstand trampling. The harsh environment and fragile soils make plant recovery extremely slow and difficult.
- * Do not pick or damage the flowers, grasses or other plants, no matter how much you may be tempted.
- * Keep your pet on a leash at all times. You must use the waste receptacles to dispose of pet droppings.
- * Place your litter in the waste receptacles provided. Litter lasts for decades in the fragile mountain environment.
- * Do not feed the wildlife. Food that is suitable for humans is usually not suitable for wild animals, and may be deadly to them.



Please watch for this sign, it is a reminder not to damage vegetation or flowers by leaving the trail or by following shortcuts.

Parking at Balsam Lake:

All parking for the Meadows in the Sky summit area is located at Balsam Lake, From Balsam Lake, you can access the Heather Lake area, Summit Firetower, and backcountry trailhead area by using the Summit Shuttle service or the Summit Trail. Visitors with disabilities should contact staff in the Balsam Lake area for special access,

- * Recreational vehicles must use the first parking lot. The second parking lot is not large enough to accommodate r.v.'s, and turning space is extremely limited.
- * Automobiles should use the second parking lot, near the picnic shelter. Automobiles may use the r.v. lot when the second lot is full. Automobile parking is only allowed on the east (uphill) side of the r.v. lot.
- The Summit Shuttle picks passengers up at the wooden shelter in the second parking lot. On the return trip from the summit, passengers are dropped at both the first and second parking lots.



